

MHAC MINUTES

Minority Health Advisory Committee Meeting			
5.10.2016		10:00 – 11:30 AM	CPH Room 119C
Meeting called by		Ryan Johnson	
Type of meeting		Bi-monthly Meeting	
Facilitator		Ryan Johnson (et al)	
Note taker		Tara Tucker	
Attendees		Tara Tucker, Megan Colombo, Barb Beckwith, Makeda Porter, Phil Hargrave, Isi Ikharabkha, Jodi Blackshear, Dennis Madden, Josúe Vicente, Maria Ramos, Naomi Harding, Bilan Hussein, Ilhana Jama, Jane Dickson, Rebecca Nelson, Ryan Johnson, Lindsey Latscha, Hibo Noor, Eva Atunga, Dayra Vazquez, Lauren Fitting, Megan Roberts, Jolene Kappeler, Jesús Ovalle, Sidarshan Pyakard, Paloma Arroyo, Dane Dickey, Jen Ludwin, Krizia Melendez, Amber Jones, Gene Bailey, Virginia Clark, Morgan Brown, Kodi Banjoko, Dr. Argus, Eric Greene.	
Item One: Minority Health Month			
Ryan Johnson:			
<ul style="list-style-type: none">Received Resolution from Columbus City CouncilTwo Minority Health Month Hearings at City Council: March 29 and April 19 – topics included: Minority Health, Obesity, Sexual Health, Chronic Disease, MHAC initiatives with our community partners (among others).Three committee meetings have been held to discuss other MH initiatives, health fairs.679 persons and 463 persons were screened during MHM. Screenings thanks to our CPH SNT team			
Item Two: Planning Committee Meeting			
Jesús Ovalle:			
<ul style="list-style-type: none">MHM planning committee has developed a workgroup with MHAC partners to assist with upcoming health fairs.The most prominent events coming up include the Somali and Latino health fairs and the Mexican Consulate in the fall.Requesting any and all partners for assistance as well as feedback.Feedback thus far includes: additional screenings such as BMI, cholesterol (financial concerns).			
Conclusions			
<ul style="list-style-type: none">Currently working on sharing of feedback from partners for each MH event.			
Item Three: Somali Health Fair			
Hibo Noor:			
<ul style="list-style-type: none">Somali Health Fair is May 21, 2016 at the Global Mall (Morse Road).Mall caters to Somali customers which is a great capture of population to disseminate health care information and services.Health fair will provide various screenings, 3 Somali doctors for Q&A and a Somali dentist.Free Somali food and (healthy cooking) chef will be provided.Donations have been received to assist with costs.Final meeting before event to be held at Global Mall on 5/19 at 10:00 AM – 2210 Morse Road in the Northtowne CenterEnglish/Somali flyer draft was distributed			
Item Four: Latino Health Fair			
Jolene Kappeler			
<ul style="list-style-type: none">June 18 is the Latino Health Fair from 11:00 – 3:00 PM.Registration for vendors is due June 3.The health fair takes place at the Norton Center 534 Norton Road.			
Item Five: Local Conversations Data – African American Community			
Jen Ludwin/Lindsey Latscha			
<ul style="list-style-type: none">Overview: Last of four groups presented including Bhutanese/Nepali, Latino, Somali, and African American communities.Evaluations conducted at four events including Far East Pride Center (20 participants), YMCA Van Buren Shelter, CMHA (2 events with a total of 35 participants)Total surveyed = 49 persons			

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<ul style="list-style-type: none"> 67% were 65 years or older 83% were female 46% reported good health Top five health concerns: Overweight, Diabetes, Cancer, Heart Disease, and Depression (synonymous with other populations surveyed). ¾ go to doctor's office when ill. 85% are very comfortable with their primary care physician. Barriers to care include: never get sick, affordability to see doctor/purchase medications 	
Conclusion:	See Breakout Session responses in item seven.
Item Six : Announcements and Updates	
All	
<ul style="list-style-type: none"> Isi Ikharakha - Physicians Care Connection: Step One for Healthy Pregnancy- 614-721-0009. Krizia Melendez - YMCA: National Senior Health and Fitness Day May 25 10:00 – 2:30 PM; Vendors 12:30 – 2:30. Dr. Jordan Argus - Crane R&D, Ltd.: Study on social determinants of health being conducted in re infant mortality, pregnancy. Initial outcomes to be shared with MHAC in September meeting. Phil Hargrave - Molina: Fishing with Dads on 6/18/16 at Franklin Park from 11:00 – 2:00 PM. Eva Atunga - Hands On of Central OH: 2-1-1 Line-Database for services related to health care, nutrition, etc. Contact: www.handsontcentralohio.org or 614-221-6766 for vendor information. Maria Ramos - Mt. Carmel Health: Health and Wellness Center (flyer distributed) featuring various health/nutrition classes, meeting spaces, etc. Jane Dickson - CPH Strategic Nursing Team: Matthew Ministries is in development phase of a mobile shower program for homeless persons. Currently working on business plan. For more information call 614-645-6734. Dayra Vazquez - Ohio Hispanic Coalition: Baby and me Tobacco free program in English/Spanish and other languages. If mothers remain smoke free for 12 months after birth they will receive free diaper vouchers from Walmart. Call 614-840-9934. Lauren Fitting - Lifeline of OH: 5K Family Fun walk/run on July 16 at Genoa Park (brochure). Cost is \$20 per person with a 5 plus member team (includes free t-shirt). Dennis Madden - Nationwide Children's Hospital: Faces program is collaborating with Walgreens for communicable disease information on May 14 from 11:00 – 4:00 PM at House of Hope on Harrisburg Pike. Gene Bailey - CPH Healthy Neighborhoods: Community Conversation-Raising of America on 5/19/16 at Northland HS (Effects of violence on early childhood development); African American Male Wellness Walk Meeting 5/19/16 at park across from Nationwide Children's Hospital 12:00 – 1:30. Rebecca Nelson - CPH Neighborhood Health: Asian Festival (month of) May; Pride Week June 17-19 2016. Mandela Fellows Program mentoring of young African professionals through the OSU John Glenn College of Public Affairs. Need mentors to assist with program. (Details attached). Eric Greene - OH Department of Health: Network of Men addressing sex, gender violence. Speakers have been brought in to address various aspects of issue and community conversations are pending on violence and men of color. Josúe Vicente - OH Hispanic Coalition: Offering 3 day interpreter training for \$250. Call 614-840-9934. Dane Dickey - OH Hispanic Coalition: Free HIV testing offered first Wednesday of each month on west side. Call 614-840-9934 for details. 	
Item Seven: Breakout Questions	
Question One:	What programs and services are currently available to address these top health concerns?
Responses	
Group One: Local Matters; Mid-OH Food Bank (pantries); Walk with a Doc; Mobile Units – OSU, Mt. Carmel Health; MCW-Healthy Living Center; Southeast; Mental Health America; Behavioral Health – Community Health Center (FQHC's); Charitable Pharmacy of Central OH.	
Group Two: American Heart Association; Central OH Diabetes Association; churches; rec centers; YMCA-Diabetes Classes; Columbus Cancer Clinic; The James; NCH-Healthy Weights; Farmers Markets; free clinics, CPH; Urban League; Community Health Workers; Settlement House; Black Greek and fraternal organizations; Faith based organizations; Primary One (FQHC).	
Group Three: YMCA childhood obesity program, depression & anxiety; APPS Program-CPH AOD; RHS-15 evaluation of mental health; refer to doctors (CRIS); Zion Church (fresh produce); Central OH Diabetes; AA Male Wellness Walk (and its resources); James Cancer Clinic; Al Edmundson-Barber Shop; OSU lung cancer screening (free for Medicare recipients).	

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Group Four: CPH; Job & Family Services; Mt. Carmel Health System; Community Centers & Clinics (Vineyard, Bridge, Heart of OH -offer sliding fees); Primary One; Community events; Free Clinics; Nutrition-OSU (referral based only); Diabetes Assn (free supplies, testing); Pharmacies offering free or reduced rate diabetes medication (Kroger, Giant Eagle); Partnership for Prescription Assistance; James Cancer Clinic; Maryhaven (mental health-free clinic); ADAMH.	
Group Five: Free Clinics; Primary One Health, Physician Free Clinic, Lower Light Christian Center; Federal Qualified Center (they do not advertise but assist w/meds); FACE program (STD/Communicable diseases, education & screening); 2-1-1; OSU Dental (Columbus State CC); Joint on E. Main Street for persons over 60; Livingston United Church (pharmacy for free meds); OSU Extension Center on Mt. Vernon Ave. assists w/health needs; Kirwan Institute (resources); Black Nurses Assn; Making a Difference (Barbers and Beauticians- health screenings).	
Question Two:	What collaborative efforts can be done among this committee to address the barriers shared?
Responses	
Group One: Mental Health-Provide ongoing services, provide more education on available assistance, public and private groups partner to provide ongoing and comprehensive services; Better advertising of mental health and nutrition info; Greater access to pharmacies; Collaborate w/insurance companies to help reduce medical costs, copay visits; Give as much service/info to clients at appointments so they won't have to pay so often for visits	
Group Two: Database is needed to review some of the organizations available, i.e. develop an evaluative process; Human Rights have to be connected to health care; There needs to be a show of accountability.	
Group Three: Transportation Initiatives; Healthcare literacy information; Patient Navigators/Community Health Workers; Social Services-insurance educators; Meeting the patient where they are (case management team); Outreach initiatives; Data of whole population-fill in gaps w/surveys by organizations.	
Group Four: Better communication between organizations; More African American health fairs; Better connection to community for to- to people; Professional awareness trainings on engaging population.	
Group Five: Access to Care Programs; Send flyer (info) through utility companies; Community Events; Partner with agencies that serve community; Community Forums & Festivals; Social media; Polk directory; Texting/Phones; Dr. Argus – Yellow Pages; Transportation – Insurance companies.	